May 2017



Inspired b

WHERE YOU'LL FIND US

St Vincent's Melbourne

Fitzroy campus Building F Ground Floor, Bolte Wing 14 Nicholson Street, Fitzroy (near the corner of Victoria Pde)



24 30 86 96 VICTORIA PARADE St George's Community **Rehabilitation Centre** 283 Cotham Road, Kew



Send a written referral to:

Young Adult Complex Disability Service St Vincent's Hospital PO Box 2900 Fitzroy, Victoria 3065 Fax: (03) 9231 3808

For further information please contact the Service Coordinator on:

Phone: (03) 9231 4672 Email: YoungAdult.ComplexDisability@svha.org.au



ST VINCENT'S HOSPITAL

StVincentsHospitalMelb @StVincentsMelb in st-vincent's-hospital-melbourne D @stvincentsmelb

Produced by St Vincent's Young Adult Complex Disability Service August 2016

PO Box 2900 Fitzroy

VIC 3065 Australia

(03) 9231 2211

www.svhm.org.au

St Vincent's

Young Adult Complex Disability Service

Information for patients and carers

YOUNG ADULT COMPLEX DISABILITY SERVICE

St Vincent's Young Adult Complex Disability Service is a specialised transition service for young adults with complex physical disabilities.

The role of our service is to help young adults with a complex physical disability, their families and carers move into adult health care.

We help adults manage their own healthcare, through:

- Specialist medical and allied health assessment and support
- Referral to other specialist services
- Goal-directed therapy
- Equipment assessment and advice
- Establishing links to GPs and local therapists

WHO CAN ACCESS THE SERVICE?

Our service is available to adults with a congenital or developmental disability, with complex medical and physical needs, acquired before the age of 10.

OUR TEAM

We have a range of health professionals including:

- Rehabilitation doctor
- Physiotherapist
- Occupational therapist
- Social worker
- Orthotist
- Speech pathologist
- Dietitian

YOUR PATHWAY THROUGH THE SERVICE



Re-referred in future

Everyone's situation is considered individually and you may re-enter the service if your needs change.

HOW CAN I ACCESS THE SERVICE?

We accept referrals from:

- Individuals
- General practitioners or specialist doctors
- Other health professionals